



This instructions manual presents the use of the woven wrap, shows you some important safety information and gives instructions on how to care for your carrier.



Before using your woven wrap, look through this booklet and the video tutorials soundly, so you can use it easily with your baby afterwards. If you feel unsure ask for help either from us or a local babywearing consultant.

IMPORTANT!

- Woven wraps help to keep your newborn baby in the anatomically optimal, physiological posture (baby's legs in mild straddle, the knees in bellybutton level, while the wrap supports his/her body until the nape and the thighs from knee to knee), you can carry your baby in the wrap even later in the optimal position depending on his/her physical development.
- Do not wear your baby in this carrier when you do sports (jogging, cycling, jumping, swimming, etc.) or you drive or travel in a car! This carrier is not usable instead of a safety car seat!
- Only carry your baby in a vertical position! For ensuring you baby's health, security, and his/her free airways, don't wear him/her laying down!
- Wear your baby that high you both can move your heads comfortably, and he/she can lay his/her head on your chest if it's needed.
- Always wear your baby facing your body, either you choose front carry, hip carry or back carry. Facing forward doesn't make it possible to reach the anatomically optimal position or protect your baby from the unwanted impacts.
- Pay attention to dress your baby properly: make him/her wear clothes where his/her body contacts the wrap it's especially important under the popliteals.
- The woven wrap is only supporting your baby properly if you pull it tight around his/her body strand by strand both sides, and there is no gap between your bodies during your movements.
- In the beginning it's possible that your baby gets moody, doesn't find his/ her place in the woven wrap, but it's fine, especially if you feel a bit unsure, too. Checking his/her fundamental needs (like nappy, hunger, clothes) should be the first step.
- Always hold the tension on both straps, until you tie a double knot! Always hold your baby during the wrapping, until you are finished! Hold him/her properly during taking the woven wrap off.

While tying and during wearing check regularly if

- Your child is positioned safely in the carrier following the guidance of this instructions manual!
- You must be able to put two of your fingers in between your baby's chest and chin!
- Your baby's nose and mouth always visible!
- Your baby is breathing normally. Change position if you hear him/her breathing heavily or if the breathing does not sound normal!

Neither the manufacturer nor the distributor accepts any responsibility for injury/damage due to the use/misuse of this product. Take care of your baby's safety and comfort. Your child"s safety is your responsibility!

Weight & Age Limitations

This wrap is suitable from the moment of birth up to 20 kg. Can be used for premature babies, but if you want so, ask for help from a babywearing professional first! Once your baby reaches 6–7 kg weight, pay attention to wear him/her on front occasionally, for the protection of your perineal muscles: bend your knees instead of leaning from the waist when you wear your baby, and change to hip carry or back carry.

Washing & Care

In order to preserve the carrier in a good condition we recommend to always use washing bag. It is machine washable at max. 40 degrees. Use liquid laundry detergent and no softener. Requires low speed spin. Do not tumble dry!

Thanks to Petra Gerhát (ClauWi Babywearing Specialist) and Mariann Hornyák (School of Babywearing and Slingbaby Babywearing Consultant) for their professional help.

Have Questions?

Call us (+43 1 364 9000) or email us (info@liliputi.com)



front wrap cross carry

We recommend this technique for newhorn babies



1 . Find the middle marker and gather the fabric. Adjust the middle marker to your belly button and place the ends of the sling over your shoulders. The tails should not be twisted.



2. Place your baby on your shoulder, slide your hands under the fabric and grab his/her both ankles in one hand. Slide him/her downwards carefully until your belly buttons are in line, while carefully support his/her back with one arm.



5. Tighten the fabric strand by strand. Hold the tail tight next to your baby's body while you work on the other side. Grab the top rail on one side, stretch it to the side the way mentioned above, put it in your other hand and keep tension. Tighten the wrap strand by strand under your baby's bum. Work with firm, downward movements. (It helps if you move your shoulders backwards. Don't let the tightened strands get loose!)





3. Pull the top rail smoothly over your baby's back until it reaches your his/her nape. The rest of the fabric should stay under his/her knees. Help your baby to get into this position: slight wideness between his/her thighs, roughly in line. [If necessary, lean back a bit and support the thighs with your free hand.]



4. Gather the fabric on your shoulder and pull it off backwards. Stand straight, stretch the tail horizontally to tighten the pocket on your baby's back. Repeat both sides. Be aware to start it with the tail below! Moving your shoulder backwards can help adjust the fabric.



6. If both tails are tightened and adjusted to your child's both sides, cross them under his/her bum.



7. Bring the fabric behind your back under his/her legs and tie a double knot. (Don't let loose hold of the tails, and pay attention that the wrap embraces you horizontally to avoid slagging.)



8. Grab your baby's thighs and adjust them in line then check the tension of the wrap. (The optimal is when your bodies move together and the baby's chest does not move away from your chest when you move or lean.)



kangaroo carry

We recommend this technique for newborn babies (even for prematured babies - better consult with a babywearing consultant first).





1. Find the middle marker and gather the fabric in your hands. Adjust the middle marker to your belly button and put the two tails on your shoulders. Pay attention not to twist the wrap.



2. Place your baby on your shoulder, grab both ankles together then let him/ her slip from your shoulder until your belly buttons are in line. Support your baby's back during the whole time.



6. Repeat it on th other side then pull the pouch tighter by stretching both tails sideways. Moving your shoulders can help.



7. Tighten the tails by pulling the fabric strand by strand. Start with the bottom tail and pull at least 10-12 strands on each side. It's important to hold the tension in the strands already pulled tight with your other hand under your baby's burn. This will support your baby's back bit by bit and will relieve it. Repeat the whole process with the upper tail.





3. Help your baby take the following position: knees in belly button height, thighs in mild straddle. If necessary lean back a bit and support his/her thighs with your free hand. Pull the top rail to your baby's nape and adjust the rest of the fabric under his/her popliteals.



4. Slip your hand underneath the sling and next to your baby's head, then twist it on your shoulders leaving no wrinkles.



5. Grab the tail in the opposite side behind you and bring it to the front under the other tail without twisting it, then place it on your forearm. The fabric of the sling must be spread out on your forearm.



8. Bring the tails under the baby's popliteals and his/her bum and tie a double flat knot.



9. Adjust the baby's thighs so his/her legs are in line.



10. Check tightness, height and the straddle. (If the fabric on your upper arm bothers you, just flip it on your shoulder. For proper tension in this case double flip it on both sides.)



rucksack carry

We recommend this technique from birth, until the end of the babywearing period.

If your baby cannot hold his/her head stable, you can ensure to ease the neck muscles with the top rail supporting his/her body until the nape. Later on, depending on the physical development of your baby, you can adjust the top rail to your baby's shoulders or armpits.





1. Place the wrap on a horizontal surface and lay down your baby in the middle so the top rail is well up his/her shoulders. [If your baby cannot hold his/her head stabile the top rail should be up at the midline of his/her ears.]



2. Slide your hands underneath the wrap from the lower edge.



6. Take over the tails between your free hand's thumb and index finger while you support your baby's head.



7. Pull apart the tails then lift over the fitting tail to your free shoulder. Stand upright the whole time.



3. Gather the fabric by your baby's body. The baby's knees should be closed and placed up to his/her belly buttons. (Pay attention to the top rail staying horizontal.) Grab both tails of the sling underneath the baby's chin.



4. Pull over both tails to that hand's side where you hold the tails then lift your baby so his/her head is placed on the palm of your hands and his/her bum is on your forearm. Place his/her legs over the crook of your arm.



5. Lift the baby carefully to your shoulders then place the center of his/her body behind your back, while keeping the fabric tight the whole time. (Pay attention not to push the baby's belly with your shouder.)



8. Grab the two tails near your belly button with one hand and reach to your waist with the other. Slowly bring your baby down. The positioning is correct if you reach your baby's burn with your hand behind comfortably.



9. Tighten both tails strand by strand. Do it near the height of your belly button in upright position. Tighten 10-12 strands on each tail for proper resolution. If you feel the top rail sloppy you can reach behind you for remaining slack.



10. Slightly twist inward and bring the tails behind your back framed into your baby's popliteal and cross them under his/her bum.



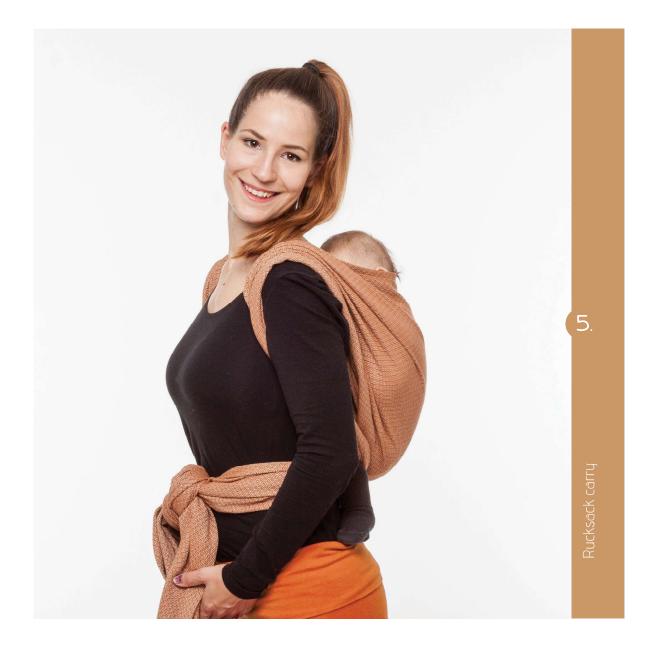
11. Bring the tails upfront horizontally under his/her legs and tie a double knot in above your belly button.



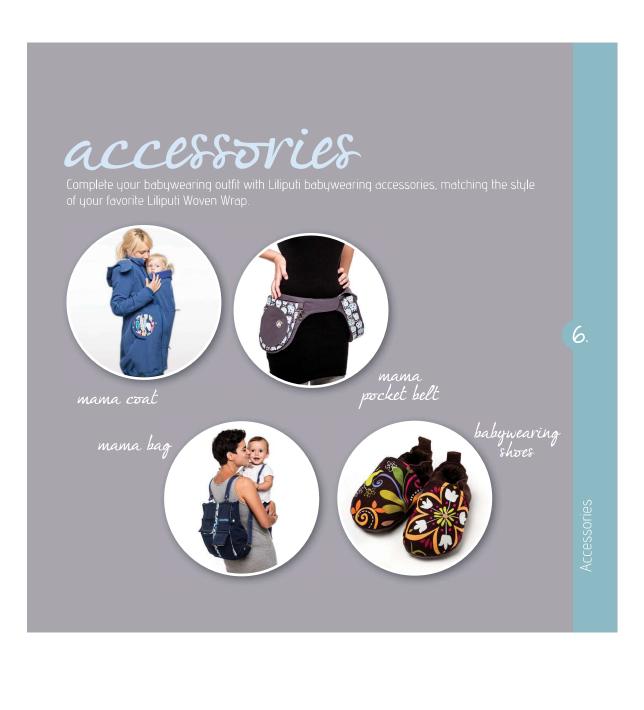
12. Grab your baby's popliteals and adjust his/her legs to be in parallel.



13. Check tension, height and the width between his/her knees.















Liliputi Babywearing Ltd. | 1024 Budapest, Lövőház St. 29., Hungary | +43 (1) 364-9000 info@liliputi.com | facebook.com/liliputi.babywearing | instagram.com/liliputilove

www.liliputi.com